

RESULT OF THE FOXDOWN HANDICAP**15th NOVEMBER 2007**

Pos.	Runner	Fin. Time	H'Cap	Act. Time	H'Cap Pos.
1	G.ALEXANDER	27.37	22 sec	27.15	10
N/S	P.PUNTAN	27.41	22 sec	27.19	11
2	S.McNAIR	28.34	4.24	24.10	6
3	M.WEST	28.47	27 sec	28.20	14 =
4	J.HILLS	28.50	3.04	25.46	9
5	K.VALLIS	28.53	7.54	20.59	2
6	J.JONES	29.00	9.37	19.23	1
7	M.ALLEN	29.07	6.27	22.40	4
8	R.CLIFFORD	29.14	7.47	21.27	3
9	B.HAWRYLAK	29.35	3.58	25.37	8
10	A.DENNISON	29.40	4.30	25.10	7
11	N.MARTIN	30.19	6.27	23.52	5
12	E.SANDALL BALL	30.27	7 sec	30.20	16
13	E.TILBURY	31.31	4.11	27.20	12
14	S.WILLIAMS	32.29	4.11	28.18	13
15	G.DUNCAN	32.31	4.11	28.20	14 =
16	K.BURTON	33.56	29 sec	33.27	17

One Lap:

Junior Lweno	13m 30sec
Emily Clark	13m 32sec

Piers has sacrificed his handicap position for this race so he could run round with the juniors but still scores in the time league, If anyone wishes to volunteer to act as the safety runner next month please let Franny know.