

## Overton Harriers Winter Fixtures 2008 - 09

**Sept** 4th *Training - 8 x 2 min*

6th **Overton 5**

7th Reading Oracle 10k

11th *Training -*

13th

14th Andover 5 (Round the Park)

18th *Training -*

20th

21st New Forest Full & Half Marathon

25th *Training -*

27th **SEAA 6 Stage Road Relay Champs**

28th Highclere 10k

**Nov** 1st Hellrunner

2nd **Lordshill 10 (HRRL) \*\***

6th *Training*

8th **Goodwood XC, Chichester \*\***

9th

13th *Training*

15th

16th **Gosport ½ Marathon (HRRL) \*\*\*\***

20th **Monthly Handicap**

22nd

23rd

27th *Training*

29th

30th

**Jan** 1st *Training -*

3rd **Reading XC, Prospect Park \*\*\*\***

4th

8th **Monthly Handicap**

10th **Hampshire XC Championships**

11th

15th *Training -*

17th

18th **Stubbington 10k (HRRL) \*\***

22nd *Training -*

24th **SEAA Southern XC Champs, Hillingdon**

25th

29th *Training -*

31st

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**Oct** 2nd *Training -*

4th

5th Clarendon Full & Half Marathon

9th *Training -*

11th **Farley Mount XC, Winchester \*\***

12th **Solent Half Marathon (HRRL)**

16th *Training -*

18th

19th Salisbury ½ Marathon, Abingdon Marathon

23rd **Monthly Handicap**

25th

26th Great South Run

30th *Training -*

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**Dec** 4th *Training -*

6th **Overton XC, Ashe Meadow**

7th **Victory 5 (HRRL) \*\*\*\***

Tadley Runners Xmas XC 5.3 miles

11th *Training -*

13th

14th

18th **Monthly Handicap**

20th

21st **Cyclists Race \*\***

25th

27th

28th Somerley 10K and 5K

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**Feb** 1st **Ryde 10 (HRRL) \*\***

5th **Monthly Handicap**

7th

8th

12th *Training -*

14th **Training Weekend**

15th **Salisbury XC,**

**Bramley 20 (HRRL)**

19th *Training -*

21st **National XC Champs, Parliament Fields**

22nd

26th *Training -*

28th

HRRL: Hampshire Road Race League

\*\* Consistency League Event

\*\*\*\* Consistency League and Club Championship

**March**

1st

5th *Monthly Handicap*

7th

8th **Salisbury 10 (HRRL) \*\*\*\***

12th *Training -*

14th

15th Fleet ½ Marathon

19th **Monthly Handicap**

21st

22nd

26th *Training - 30 min Hills*

28th

29th **Eastleigh 10k \*\*\*\* (HRRL)**

**April**

2nd *Training - 6 x 90 secs*

4th

5th **Combe Gibbet (TBC)**

9th *Training -*

11th

12th

16th *Training -*

18th

19th **Saintly 5K**

23rd *Training -*

25th

26th **London Marathon**

30th

Club Officers		
President	John Thomas	01256 770348
Club Captain	Piers Puntan	01962 774741
Ladies Captain	Cath Wheeler	01256 770726
Vets Captain	Richard Francis	07908 641898
Team Manager	Paul Wheeler	01256 770726
Committee Members		
Chairman	Mark Dennison	01256 771861
Treasurer	Cath Wheeler	01256 770726
Secretary	Martin Allen	01256 770964
Member	Cath Wheeler	01256 770726
Member	Richard Francis	07908 641898
Member	Helen McMahon	01264 358444
Member	Dave Titcomb	01256 895537
Member	Anna Vallis	01256 773255
Club Officials		
Timekeeper	Mick Scoggins	01256 770455
Race Entries	Emma Scoggins	01256 770455
Overton 5' Race	Helen McMahon	01264 358444
Combe Gibbet	Keith Vallis	01256 773255
Statistician	Richard Francis	07908 641898
Web Admin	Bob Hawrylak	01256 896204

Last Updated 5th Sept 2008

## Overton Harriers



## & Athletic Club

*Running since 1974*

## WINTER SEASON 2008/09 TRAINING AND KEY RACES

Overton Harriers & Athletic Club  
Overton Recreation Centre  
Bridge Street  
Overton  
Hants