

### Key Fixtures Winter 2008

October	5th	Clarendon Full & Half Marathon
	12th	Solent Half Marathon Swindon Half Marathon
	18th	Farley Mount XC Winchester (TBC)
	19th	Abingdon Marathon Tadley 10
	26th	Great South Run
November	2nd	AGC's Kings Worthy Half Marathon
	8th	Goodwood XC Chichester (TBC)
	16th	Hellrunner
December	5th	London Santa Run
	7th	Victory 5 Tadley Runners Xmas XC

Club Officers		
President	John Thomas	01256 770348
Club Captain	Piers Puntan	01962 774741
Ladies Captain	Vacant	
Vets Captain	Richard Francis	07908 641898
Team Manager	Paul Wheeler	01256 770726
Committee Members		
Chairman	Mark Dennison	01256 771861
Treasurer	TBA	
Secretary	Martin Allen	01256 770964
Member	Cath Wheeler	01256 770726
Member	Jamie Jones	01264 324874
Member	Helen McMahon	01264 358444
Member	Dave Titcomb	01256 895537
Member	Anna Vallis	01256 773255
Club Officials		
Timekeeper	Mick Scoggins	01256 770455
Race Entries	Emma Scoggins	01256 770455
Overton 5' Race	Helen McMahon	01264 358444
C' Gibbet Race	Keith Vallis	01256 773255
Statistician	Richard Francis	07908 641898
Web Admin	Bob Hawrylak	01256 896204

## Overton Harriers



## & Athletic Club

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*Running since 1974*

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## SUMMER SEASON 2008 TRAINING AND KEY RACES

Overton Harriers & Athletic Club  
Overton Recreation Centre  
Bridge Street  
Overton  
Hants

# Overton Harriers Summer Fixtures 2008

**April**

3rd Training - 5 x 700 m

5th

6th **Totton 10K (HRRL) \*\***

10th Training - School - Half Lap Parlauf

12th

13th **London Marathon**

17th Training - School

19th

20th

24th Training - School  
**Harriers AGM**

25th **Annual Dinner**

26th

27th Marwell Zoo 10k

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**May**

1st Training - School

3rd **Southern League (B'Stoke)**

4th Fordingbrige Fire Station 10K

8th Training - 12 x 60 secs

10th

11th **Alton 10 (HRRL) \*\***

15th **Summer Handicap**

17th **Club Pentathlon**

18th Hook 10, Netley 10k

22nd Training - Pyramids

24th Egdon Easy 10K

25th Ropley 10K

26th **Kintbury 5 \*\***

29th **Mob Match (Cliddesden)**

HRRL: Hampshire Road Race League

**June**

1st Poole Festival: Fun Run, 5k & 10k

4th

5th Yateley 10k (Race 1)  
Training - Half Lap Parlauf

7th **Southern League (Abingdon)**

8th **Winchester 10k (HRRL) \*\*\*\***

12th Training - 12 x 60 secs

14th

15th Alresford 10K, North Downs Run

19th **Summer Handicap**

21st

22nd

26th Training - 8 x 2 min

28th **Southern League (Bournemouth)**

29th Lordshill 10K

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**July**

2nd Yateley 10k (Race 2)

3rd Training - Pyramids

5th Eastleigh HAS 5

6th Tadley Runners 10K

10th **Mob Match (Harrow Way)**

12th **Southern League (Plymouth)**

13th New Forest 10 miles

17th **Winchester City Centre 5K \*\***

19th

20th Surrey Slog Half Marathon

24th Training - Half Lap Parlauf

25th

26th Thames Towpath Half Marathon

31st Training - 8 x 2 min

\*\* Consistency League Event

**August**

2nd **Southern League (Andover)**

3rd Training - Pyramids

6th Yateley 10K (Race 3 )

7th

9th

10th **Sidmouth Festival 10k**

14th **Summer Handicap**

16th

17th IOW Half Marathon

21st Training - 12 x 60 secs

23rd Ridgeway 85 Challenge

24th

28th Training - Half Lap Parlauf

30th

31st Arundel Castle 10k

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**Sept**

4th Training - School

6th **Overton 5**

7th Reading Oracle 10k

11th Training - School

13th

14th Andover 5 (Round the Park)

18th Training - School Parlauf

20th

21st New Forest Full & Half Marathon

25th Training - School

27th **SEAA 6 Stage Road Relay Champs**

28th Highclere 10k

\*\*\*\* Consistency League and Club Championship